



What is ADHD

ADHD is one of the most common neurodevelopmental disorders. Recent data indicates that up to 8-10% of school age children meet the necessary criteria for a diagnosis of ADHD (Academy of Pediatrics, 2001).

Types of ADHD



1

Inattentive

Child exhibits significant inattention across multiple domains with no significant hyperactivity or impulsivity. This is what used to be considered ADD.



2

Hyperactivity

Child exhibits adequate attentional control; however, presents with significant deficits with activity level and/or impulse control.



3

Combined

The most common form of ADHD in which the child struggles with paying attention as well as regulating behavior.

Population that has ADHD

ADHD is more common in males than in females. According to community and pediatrician surveys, the rate between males and females is 2:1.



- ✓ Often makes mistakes in schoolwork.
- ✓ Often has trouble keeping attention on tasks or play activities.
- ✓ Often does not seem to listen when spoken to directly.
- ✓ Often does not follow through on instructions and fails to finish schoolwork.
- ✓ Often has trouble organizing activities.
- ✓ Often avoids, dislikes, or doesn't want to do things that take a lot of mental effort for a long period of time.
- ✓ Often loses things needed for tasks and activities (e.g. toys, school assignments, pencils, books, or tools).
- ✓ Is often easily distracted.
- ✓ Is often forgetful in daily activities.

Inattention

activity

- ✓ Fidgets with hands or feet in seat when sitting still is expected.
- ✓ Often gets up from seat when remaining in seat is expected.
- ✓ Often excessively runs about or climbs when and where it is not appropriate (adolescents or adults may feel very restless).
- ✓ Often has trouble playing or doing leisure activities quietly.
- ✓ Is often "on the go" or often acts as if "driven by a motor".
- ✓ Often talks excessively.

