

DID YOU KNOW?

OVER **20%** OF YOUNG ADULTS HAVE A **MENTAL ILLNESS**

35% of teenaged girls have an eating disorder.

That's 7 out of every 25 teen girls.

8 out of 100 teens report having serious depression.

That's 2 out of every 25 teens.

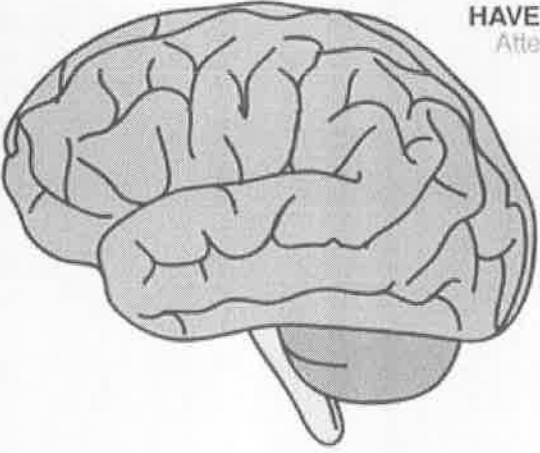


8% of all teens have an anxiety disorder.

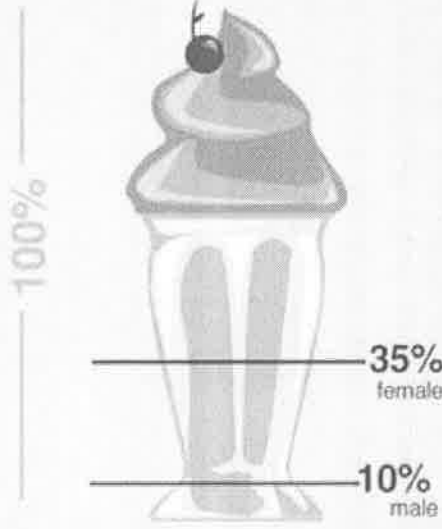
5% HAVE ADD.
Attention Deficit Disorder

3% HAVE ODD
Oppositional Defiance Disorder

1% HAVE OCD
Obsessive Compulsive Disorder



10% of all teens suffering from an eating disorder are male.



4000

young Canadian teens commit suicide every year.

1 in 5 will get the help they need.



only **38%** with mood disorders receive help.

only **15%** with substance abuse problems get the help they need.

only **13%** of Eating Disorder sufferers get help.

